

Children need

6 things

to grow into happy, capable adults

Think about what happens in your home.

2

Talking + listening

Do I listen enough? Or, is it mostly me telling them what to do?



1

Love + warmth

How do they know I love them?
Are we calm enough?



4

Limits + boundaries

Do they understand what's expected of them and are they capable of doing it?
Or am I asking too much for their age and stage?



3

Guidance + understanding

Do I help them work out better ways to get what they need?



5

Consistency + consequences

Do the adults in our household behave in the way they want kids to behave?



6

A structured secure world

Do the kids have a routine and know what to expect next?



Find out more at skip.org.nz or visit facebook.com/SKIPcommunity

S.K.I.P
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