



Ideas for exploring



Warm up activity – Quick 2 minute challenges

*Brain facts *Kupu Māori
(or any other relevant topic)

Objectives:

- 1) Increase familiarity with *Whakatipu* content
- 2) Assess and summarise current knowledge
- 3) Feel the affects of being in unfamiliar or pressured situations

Process:

Work in pairs – Use timer – Share back – Summarise content – Clarify if needed
Ask the questions: How did that feel? What happens to our brains if we are feeling pressured?
Discuss – extend – clarify – summarise

Extension: (if time allows)

Complete the pair poem writing activity *Te Kākano* p11
Use topic “Feelings you had” when working under pressure. Ask for any volunteer feedback.

Options:

- *Display lists and poems
- * Create a master list on large paper
- *Ask each person to do a self reflection on their knowledge of topics and where and how they could extend themselves.
- *Set a personal goal.

Resources used:

Sets of Whakatipu booklets
Pens, paper, post-it notes (*work well for poem – one word per square*)
Chart paper + markers, timepiece.